



Natural Facelift Massage

It's official!

Natural Facelift Massage™ is now available in Luxembourg.

I am delighted to announce that I am now certified by the London Centre of Indian Champissage International to offer this wonderful treatment. And I'm celebrating the launch of this exclusive rejuvenating and amazingly relaxing massage with an introductory price from now until May 1st.

Natural Facelift Massage™ is based on traditional **Ayurvedic therapies** and works directly on the skin with no complicated electrical gadgets or tools. **It uses gentle, repetitive, precise moves on your face muscles that encourage flow of blood and lymph and soothe facial tension.**

INTRODUCTORY OFFER

I am delighted to bring this treatment to Luxembourg and so am offering Natural Facelift Massage™ at a special introductory price **until May 1st 2020.**

1 TREATMENT (60-65mins)
€45

COURSE OF 6 TREATMENTS
€235
=39€/treatment

BOOK NOW

What happens in a session?

The first treatment will involve a short consultation. Then you just lie back on the bench and relax while I carry out the treatment. There is no need to undress.

The massage takes about 60-65 minutes and then, if you would like, I can massage your face with **our own elementals facial oil** to moisturise your skin.

How does it work?

Restoring flexibility

Skin is mainly comprised of connective tissue formed of collagen and elastin fibres woven together. When we are young, these fibres slide freely over each other, giving the skin its suppleness and flexibility. Over time, however, the fibres lock together causing the skin to lose much of its flexibility.

The micro-twists in Natural Facelift Massage™ work on the collagen and elastin fibres and help the connective tissue to regain some of its movement and elasticity. In testing, all of my case study volunteers reported that their skin had better tone and suppleness.

Soothing facial tension

We all tend to hold stress in our face and this causes our muscles to remain tense, often for a long time. This tension reduces the vital supply of oxygen and nutrients to our skin and also inhibits the removal of

waste from our cells leading to puffy, dull and grey skin.

Natural Facelift Massage™ systematically tightens and relaxes the facial muscles to help reduce tension and improve the flow of blood and lymph to help our skin regain a healthier and more radiant appearance.

Time to relax

And last but not least, the magic of touch has a direct and immediate influence on our state of mind and emotions. This treatment calms and soothes, induces rapid relaxation, and will hopefully leaving you more in balance and feeling nurtured.

Things to know

One treatment helps start the process while a course of 6 treatments is recommended (weekly or twice-weekly).

The Facelift Massage is not suitable for anyone who has had facial fillers or Botox.



Meanwhile our popular **Aromatherapy Massages** are also available:

- 90-minute Signature De-stressing Aromatherapy Massage
- 75 or 45-minute Aromatherapy Body Massage



More details are available at www.elementals.lu